



# Perfect Professional Life Exercise

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## Example:

Perfect Professional Life:

- Mentoring and coaching entrepreneurs and leaders
- Treating clients and healing people as a physical therapist and personal trainer
- Speaking and sharing my message with live audiences, interviews on podcasts and all formats
- Saving businesses/relationships/health
- Geographic freedom to be able to work anywhere
- Lifestyle freedom to be able to attend family events and personal events (have flexibility)
- Less brick and mortar risk
- Spending time with like minded people who are also passionate about getting better and healthier every day



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**In the space below write out what your perfect professional life would look like:**