



Perfect Personal Life Exercise

Example:

My Perfect Life is achieving lifestyle, geographic, and financial freedom through diversified businesses and investments in order to allow me to:

- Have flexibility(lifestyle freedom) to spend quality time with all 3 of my children and attend their activities, and help coach/be involved
- Have flexibility to do fun things with Jodi
- Be happy/have true joy. Shifting my mood when necessary. Get my mind right daily through journaling, meditation, thankfulness, and affirmations.
- Be healthy, protect and maximize my health
- Good communication with my wife and children
- Have private time with my wife to improve /maintain our relationship
- Time with friends/family to improve/maintain our relationship
- Enjoy unique experiences with family and friends
- Traveling, sporting events, concerts, hiking, theatre, shows
- Living close to the ocean, with the smell of salt water
- Living in Spain and Italy part of the year (and continuing to explore and find new places) and Colorado (and ongoing new places) part of the year. Spain will be Malaga or Marbella in the Costa del Sol and Italy will be in a villa in Florence.
- Traveling and exploring one new country/year minimally
- Fluency in Spanish and Italian
- Learning additional languages
- Learning new skills possibly an instrument
- Becoming a confident swimmer. Able to swim 1.0 mile, save my children and others if necessary
- Writing to share my knowledge- books, articles, blogs, videos



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In the space below write out what your perfect personal life would look like: